

Request for Bids

7 Lakes Alliance Dolley property accessible trail



*This project is partially funded through a Federal
Highway Recreational Trails Program*

RTP Project # 2423

7 Lakes Alliance is seeking a contractor for the construction of an accessible trail lot on its Dolley property. This property is located off Watson Pond Road and can be accessed via a dirt road across from the Round Top trailhead parking area (see attached map). The details of the job are as follows:

Trail general details (see attached map):

- The trail will be approximately 0.3 miles in length. The final length may be slightly different.
- The contractor will follow the flagged route that has been laid out and have a 100-foot corridor on both sides of the route to build the trail in the best location. The flagged route may be altered with the permission of 7 Lakes.
- The contractor is responsible for the removal of trees within the trail corridor. 7 Lakes would prefer that the trail avoids large trees, and only smaller ones are taken. This can be done on a case-by-case basis and larger trees can be removed with the approval of 7 Lakes.

- This trail is part of a larger project to add a parking area and some other features to the property. Several contractors may be working on the property at the same time, though the parking lot construction should not interfere with trail construction.

Trail construction details:

(see attached image and map)

This trail is intended to be wheelchair accessible, and as such it must meet the following standards laid out by the Architectural Barriers Act (ABA). For full details and specifications, visit

<https://www.access-board.gov/aba/guides/chapter-10-outdoor/>.

- Trail should be 5 feet (60” wide)
- Running slope of the trail should not exceed 5% wherever possible. This should be possible on this site, but if it is not the following rules must be followed:

Running Slope of Trail Segment		Maximum Length of Segment
Steeper Than	But Not Steeper Than	
1:20 (5%)	1:12 (8.33%)	200 feet
1:12 (8.33%)	1:10 (10%)	30 feet
1:10 (10%)	1:8 (12%)	10 feet

- Cross slope should not exceed 2%, or 5% where necessary for drainage.

- Trail should be crowned for proper drainage. Culverts may be installed where necessary to facilitate drainage, but the site is well drained, and no culverts are anticipated.
- The contractor should excavate the organic soil layer. The removed dirt can be added to the edges of the finished trail to keep the gravel tread in place.
- Geotextile fabric will be laid down before gravel is added.
- ¾-1.5” clean crushed stone base (5-7”)
- 3/8 or ½” clean crushed stone surface (3-4”)
- Finished tread should be mechanically compacted with either a vibratory plate compactor or a roller.

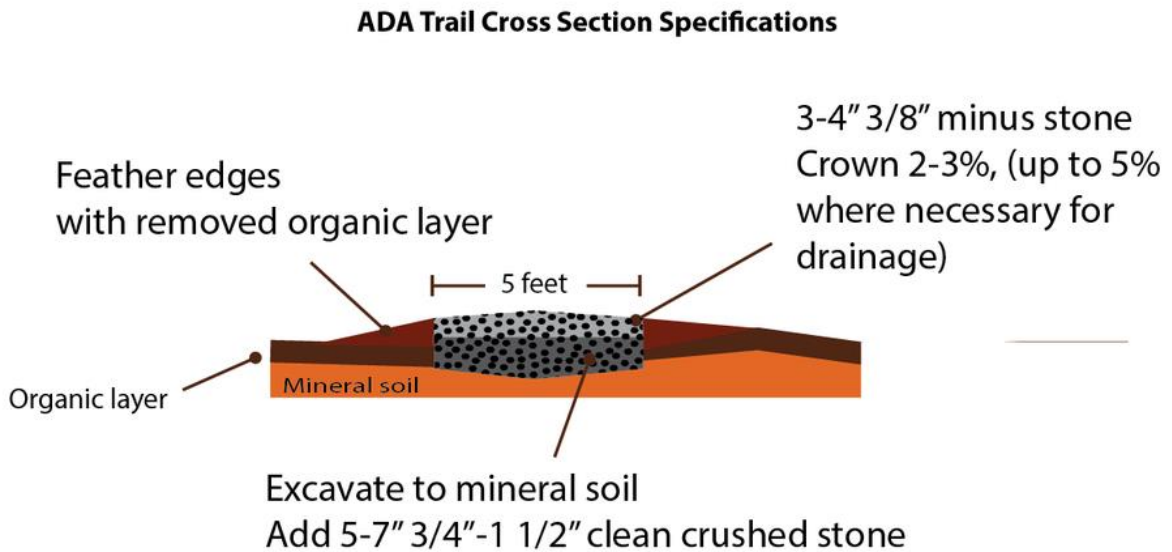
Access Road details

The access for this property is a dirt road, approximately 1000 feet long. In dry conditions this road is usable but may not be ideal for the large trucks that will need to drive down it to complete this project. With this in mind, larger trucks should only drive down this road in dry conditions to avoid damaging the road too much or risking a vehicle getting stuck. Some road improvement will occur this summer to facilitate passage for larger vehicles during this construction process.

Any interested contractors should contact Dan Woughter at dan.woughter@7lakesalliance.org, or (518) 992-9640. Site visits can also be set up upon request.

A bid should also include the contractor's expected start date for the project. 7 Lakes would like this project to be completed by the fall of 2024.

(see map on the following page)





Round Top
Trailhead
Parking



Access Road

Watson Pond Road

Proposed trail
route,
approximately 0.3
miles in length

- - - Accessible Trail Flagged Route
- Existing Field
- Conserved Land
 - ▭ Dolley Property
 - ▭ Kennebec Highlands
- Existing Trails
 - Bicycling
 - - - Hiking
 - - - Snowmobile

